

# TAIWAN - THE KINGDOM OF PIECE AND QUIET



The world is opening up and more and more countries are fighting for their share in the tourist industry. The tourist boom of the last decades is unbelievable. In fact, traveling is so popular, that it seems to be gradually more challenging to find a place not frequented by tourists.

Asia is drawing considerable tourist attention. Thailand, Malaysia, China - the whole area is extremely appealing. Those, who wish to 'hide' and enjoy a quieter holiday are welcome to visit Taiwan.

Locals are very keen Buddhists and thus the country is full of amazing temples. One of the most famous ones is the Fo Guang Shan Monastery. Here, visitors get a priceless opportunity to regain their spiritual as well as physical strength. Joining the monks in their early prayers is an exalting experience. Those who seek relaxation here may even take meditation lessons, as well as learn Tai-chi or calligraphy.

Nearby the monastery, there is a dreamlike resort called the Sun Moon Lake. It is an Eden-like place, still retaining it's modestly quiet charm; the lake is surrounded by green hills and is the perfect setting for a relaxing getaway. There is a variety of hotel resorts to choose from and the activities offered will satisfy even the most demanding tourist.

Boat trips around the lake are a very comfortable way of exploring the area. More active travelers are welcome to rent bikes and discover the surrounding hills, Buddhist temples or even observe an indigenous tribe that invites to traditional dance performances.

Visitors who do not particularly fancy adventure and sporting activities will be struck by the facilities of the hotels - especially the locally very popular gigantic baths in each room. Hour-long massages are the much deserved reward for each holiday-maker who visits the paradise called Taiwan.

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