

# Terme di Saturnia Spa and Golf Resort: St. Valentine's Programmes



St. Valentine's 2011 at the Italian Terme di Saturnia Spa & Golf Resort: the evolution of thermal rituals for couples

Revitalization programmes for couples enveloped in dreamlike scents and sounds, in a private world that goes beyond the traditional perceptions of a Spa, where guests experience the evolution of thermal rituals. You can live this experience in the new luxury relaxation area The Ultimate, at Terme di Saturnia Spa & Golf Resort, in addition to the St. Valentine's proposals Saturnia Romance and Romantic Spa.

The programmes, for a 3-night stay (Saturnia Romance package, from 10-14 February 2011), include:

- morning hike within the resort, guided by fitness instructors;
- access to the well-known thermal water pools, in the centre of the Resort;
- use of the pluri-awarded Wellness Centre - voted in 2010 by readers of Condé Nast Traveller UK and Condé Nast Traveller as respectively one of the top 10 in the categories Destination Spas and Medical and Thermal & Natural Spas - including the exclusive twin treatment Saturnia Long Massage;
- possibility to play golf in the 18-hole golf course, awarded "Best New Italian Golf Course opened in 2008"

ending with a romantic dinner at the restaurant Aqualuce, overlooking the thermal water pool, with a latticework of images created by the mist over its water surface.

## **Luxury Hotel, Spa and Golf embracing Thermal water pools: a quartet of excellences**

Terme di Saturnia Spa & Golf Resort, member of the Leading Hotels of the World, Leading Spas of the World, Leading Golf and Virtuoso, is one of the world's most glamorous and luxury wellness resorts, where every detail is designed to interpret the thermal spring not only as a place for health and global well-being but also for pleasure and social relations, reflecting the philosophy of the ancient Romans who coined the acronym SPA (Salus Per Aquam).

Located at the foot of a medieval town of the same name, in the heart of the Maremma, Tuscany region, and in the province of Grosseto, the Terme di Saturnia Spa & Golf Resort facilities include a hotel, thermal water pools, Spa and an 18-hole golf course, a quartet of excellences, around Saturnia's precious thermal water spring, rich in unique and beneficial elements. A water which has been flowing from the earth for the last 3,000 years at a rate of 500 litres per second at a constant temperature of 37°C, the same as amniotic fluid. The water of Saturnia makes a long subterranean route following the chalks formation that extends through the foot hills of lower Tuscany. The journey begins in a "catchment area" on the slopes of Monte Amiata and water remains underground for around 40 years, slowly filtering through micro-fissures in the rock, before

emerging in the Terme di Saturnia Spa & Golf Resort's thermal pool.

Constructed around an ancient travertine heart, the elegant hotel overlooks one of the 4 thermal pools, with a latticework of images created by the mist over its water surface, and consists of 140 rooms all designed according to Habitat philosophy: a constant striving for harmony with one's surroundings. Every tiniest detail - from flooring to lighting and choice of fabrics - has been thought through to create an atmosphere of total well-being.

At the two resort restaurants, Aqualuce and all'Aquacotta, food and wine take their inspirations from Mediterranean and Tuscan traditions, care of great chefs (Chicco, Bobo and Francesco Cerea from the 3 star Michelin restaurant "Da Vittorio", Bergamo), using biological and biodynamic products.

At the innovative and cutting-edge Wellness Centre, a specialized equipe provides guests with a complete personalization in the way to balance fitness and relax, beauty farm treatments and thermal Spa cures, and now it also offers the new luxury relaxation area called "The Ultimate": a private world, for couples too, whose careful choice of treatments creates experiences and sensations that go beyond the traditional perceptions of a Spa.

The 18-hole, par 72, 6,294 meters championship golf course is another of the Resort's star features; awarded "Best New Italian Golf Course opened in 2008", it is located only 100 meters from the hotel and set over 70 hectares of terrain. The project has been designed by Ronald Fream of the Golfplan studio, the prestigious Californian firm established in 1972 and behind some of the most famous golf courses all over the world. Terme di Saturnia golf course has already hosted major finals on the international circuit, like the Mercedes Trophy. Maremma's mild climate and its proximity to the hot springs make it the perfect place to play all year around, combining the benefits of the sport with those of the thermal water and wellness treatments of the Spa.

Among the Resort's facilities, the Art Gallery and the Atelier delle Eccellenze with the best products of the Maremma-shire, the SPA Boutique, and Atelier Aldo Coppola by Terme di Saturnia.

## ST. VALENTINE'S SPECIAL

**"Saturnia Romance - San Valentino Long Stay"** (from 10 - 14 February 2011)

Includes:

- Min. stay of three nights
- Welcome in the room: one bottle red wine and friandises
- Breakfast in the room (no additional fee)
- 1 romantic dinner with gourmet menu and beverage at restaurant Aqualuce
- 1 twin treatment Saturnia Long Massage
- Use of the thermal pools, sauna and steam bath
- Guided morning hike
- Late check-out (7 pm)

Rate (per person, per night, in double room)

Comfort double room

EUR 246,00

DeLuxe double room

EUR 311,00

**“Romantic Spa”** (13 February 2011)

Includes:

- One-night stay
- Welcome in the room: one bottle red wine and friandises
- Breakfast in the room (no additional fee)
- 1 romantic dinner with gourmet menu and beverage at restaurant Aqualuce
- Use of the thermal pools, sauna and steam bath
- Guided morning hike
- Late check-out (7 pm)

Rate (per person, per night, in double room)

Comfort double room

EUR 260,00

DeLuxe double room

EUR 290,00

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