# TOP 5 AESTHETIC TOURISM DESTINATIONS IN LATIN AMERICA



Latin America is becoming a popular place for aesthetic tourism. According to the Medical Tourism Association, American patients can save between 20 and 80% of the total cost of plastic surgery, if performed abroad, especially in Latin America. Tourism-review.com presents a list of the best places for quality plastic surgery, postoperative care as well as great vacation sites.

### **Colombia**

Recently Colombia reported a big spike in the number of plastic surgeries requested by foreigners. Breast augmentation and reduction, localized fat reduction, and liposuction are the most frequent operations in Medellin, which is Colombia 's third city in the number of cosmetic surgeries, after Bogota and Cartagena.

#### **Mexico**

Cancun and Puerto Vallarta have become the havens for tummy tuck or buttock implants, but Tijuana and Mexico City are also popular aesthetic tourism destinations. Other procedures that put Mexico among the top five countries for surgical and non-surgical cosmetic procedures, are: facelift, dental care, bariatric surgery, and rhinoplasty.

## Argentina

The land of tango, welcomes annually about 14 thousand foreign patients who undergo a surgery, according to estimates by the Chamber of Argentina Medical Tourism. Breast implants, liposuction, and lipoabdominoplasty are the three most requested procedures, as well as injections of botulinum toxin, wrinkle filler with hyaluronic acid and laser hair removal.

# **Dominican Republic**

This Caribbean island welcomes about 20 thousand international patients each year who come very often for dental surgeries, particularly dental implants. According to the Dominican Political Observatory, other procedures that are in high demand include bariatric surgery and correction of eyelids and dark circles.

### **Brazil**

The latest survey by International Society of Aesthetic Plastic Surgery ranks the land of samba and carnival as the number one regarding the number of cosmetic surgical procedures in the world. Among the most popular procedures of aesthetic tourism in Brazil is breast augmentation and reduction, tummy tucks, rhinoplasty and buttock implants.

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